What is claimed is:

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- A stable aqueous/aqueous emulsion system which is prepared with a hydrophilic polymer.
- The method of preparing for preparing a stable aqueous/aqueous emulsion comprising steps of:
- a) selecting appropriate polymeric materials for dispersed phase and continuous phase which are immiscible, biocompatible and have biased partition to the active ingredients to be encapsulated;
- b) selecting appropriate surface modifiers which are charged, non-toxic, and possessing a moderate interfacial tension between the above two phases;
- 20 c) developing phase diagram for the above; and
 - d) dispersing the dispersed phase into the continuous phase under an appropriate shear stress.
 - The aqueous/aqueous emulsion system of claim 1 with polymeric surface modifier.
- A method for encapsulating protein or peptide
 comprising the emulsion system of claim 1.
- 5. The method of claim 4 wherein the encapsulated protein or peptide is used for sustained release formulations or dry powder formulations.

- An encapsulation comprising the emulsion system which is prepared with a hydrophilic polymer.
- The encapsulation of claim 6 which encapsulates protein, peptide, virus, bacterium, or cell.
 - A liposome-based drug formulation which comprises the emulsion system of claim 1.
- 9. Viral, bacterial or cell microencapsulation comprising the emulsion system of claim 1.
 - A nano-sized preparation comprising the emulsion system of claim 1.
 - 11. The nano-sized preparation of claim 10, wherein the preparation is nano-sized crystallization, nano-sized precipitation or other nano-sized assembly.
 - 12. A diagnosis kit comprising the emulsion system of claim 1.

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